



**European Cup
Combined Events 1st
League
Jyväskylä Finland**



10.6.08

Team Manual

European Cup Combined Events
1st League
2008

28.-29. June 2008

Jyväskylä, Finland

www.jku.fi/ecce2008





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Combined Events 1st
League
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European Cup Combined Events 1st League Jyväskylä Finland



1. GENERAL INFORMATION

1.1 FINLAND www.finland.fi

Official language:	Finnish and Swedish
Population:	5 304 095
Area:	337 000 km ²
Capital:	Helsinki
Telephone:	+358 (Finland) +(0)14 City of Jyväskylä + number
Currency:	The Finnish currency is the euro. There are coins of 5, 10, 20 and 50 cents as well as 1 and 2 euros. Bank notes are of 5, 10, 20, 50, 100, 200 and 500 euros. You can change money at the airport, at the hotel or at any bank. International credit cards are accepted in nearly all hotels, shops and restaurants.
Religion:	Protestantism (Lutheran)

1.2 JYVÄSKYLÄ www.jyvaskyla.fi

The capital of Central Finland with 85 503 inhabitants 1.1.2008 (In the Greater Jyväskylä Area appr. 162 000).

Time:	+1 GMT (30 th of March to 26 th of October)
Water:	Tap water is completely safe for drinking.
Telephone:	Public telephones are installed all over Jyväskylä. There are some telephone booths which accept coins and others which operate with telephone cards. It is possible to buy telephone cards in the hotels. Some telephones will also accept international credit cards.
Country code:	FIN or FI (internet).
General information:	Information about opening hours, taxis, restaurants, tourist services, emergency numbers, etc., will be given at the Hotel Information Desk.



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2. ORGANISATIONAL STRUCTURE

2.1 European Athletics Council

President

Hansjörg Wirz (SUI)

Vice Presidents

José Luis de Carlos (ESP)

Svein Arne Hansen (NOR)

Treasurer

Karel Pilny (CZE)

Director General

Christian Milz (SUI)

Council Members

Janez Aljancic (SLO)

Franco Arese (ITA)

Sylvia Barlag (NED)

Jonathan Edwards (GBR)

Frank Hensel (GER)

Dobromir Karamarinov (BUL)

Philippe Lamblin (FRA)

Toralf Nilsson (SWE)

Ludmila Olijar (LAT)

Antti Pihlakoski (FIN)

Jorge Salcedo (POR)

Salih Munir Yaras (TUR)

Vadim Zelichenok (RUS)

IAAF President (ex officio member)

Lamine Diack (SEN)

European Athletics Honorary Life President

Carl-Olaf Homén (FIN)

2.2 European Athletics Delegates

Council Delegate

Toralf Nilsson (SWE)

Technical Delegate

Erich Bremicker (GER)

Doping Control Delegate

Stolan Lindbjorg (NOR)

Jury of Appeal

Jordi Roig (ESP)

Pierre Delacour (FRA)

Georg Facius (DEN)

2.3 European Athletics Office

European Athletics

Avenue Louis-Ruchonnet 18

1003 Lausanne, Switzerland

Tel: +41 21 313 43 50

Fax: +41 21 313 43 51

E-mail: office@european-athletics.org

Web: www.european-athletics.org

2.4 Executive Board of Finnish Athletics Federation

President

Antti Pihlakoski

General Secretary

Kari Saarinen

Finances

Arto Kuusisto

Competitions

Kari Wauhkonen



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Coaching
Marketing
Media and Communications

Jarmo Mäkelä
Jari Töykkä
Mika Noronen

2.5 Local Organising Committee

President
Vice President
General Secretary
Competition
Event Management
Protocol / Hospitality
Press / Media
Finance
Travel
Marketing
Logistic
Volunteers
Ceremonies
Catering
Technical Manager
Adviser Finnish Athletics

Pekka Kanninen
Antti Mero
Esa Kaihlajärvi
Pauli Huuskonen
Olli Ristaniemi
Pekka Sihvonen
Miika Takala
Markku Koistinen
Kari Kallio
Markku Lamberg
Jarmo Leppänen
Vesa Häggblom
Jarkko Toivola
Leena Murtamo- Järvinen
Pekka Virtanen
Kari Wauhkonen

2.6 Competition Organisation

Competition Director/Decathlon Referee
Heptathlon Referee
Technical Director
Track Referee
Chief Timekeeper
Chief Photofinish
Chief Starter
Chief Announcer
Jumps Referee
Throws Referee
Technical Manager
Doping Control

Pauli Huuskonen
Teijo Pynnönen
Markku Kautto
Markku Oksanen
Mikko Kangas
Juho Mustamäki
Aki Viitanen
Raimo Hormalainen
Jarmo Leppänen
Markku Simo
Pekka Virtanen
Katja Huotari

2.7 Participating Federations

Men
Czech Republik (CZE)
Finland (FIN)
Great Britain (GBR)
Italy (ITA)
Hungary (HUN)
Norway (NOR)
Sweden (SWE)
Ukraine (UKR)

Women
Belarus (BLR)
Czech Republik (CZE)
Estonia (EST)
Finland (FIN)
Hungary (HUN)
Italy (ITA)
Lithuania (LTU)
Sweden (SWE)



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3. ARRIVALS

3.1 Arrival by Air

Jyväskylä (Tikkakoski) International Airport is the official airport (distance to city 19 km).

3.1.1 Wellcome Service

Upon arrival, teams will be met by the respective team attaches. Once luggage has been collected, team members will be escorted to buses which will take them to the hotel. The transfer time from the airport to the official hotel Alexandra is 20 min.

Bus transport will operate for teams. The buses will be allocated to teams and will be clearly identified by signage. The buses will be parked at the parking area outside the terminal.

3.1.2 Transportation of Equipment

LOC will provide pole transportation from the Helsinki airport.

The poles will be transported directly from the airport of Helsinki after the arrival of the teams. Teams must give the poles to the Airport Services at Helsinki airport. This is located in the Arrival Terminal 3.

The teams are responsible for a good marking of the poles to avoid mistakes! Every bag must carry the name of the athlete and the name (or the three-letter code) of the country!

Return of vaulting poles

The poles will, after the competition, be taken directly to Helsinki airport to the same service point. More details about the procedure will be given after the competition.

3.2 Arrival by Train

For teams arriving at Jyväskylä railway station (approx. 100 m from the hotel), team attaches will escort them to the hotel.

3.3 Arrival by Road

Teams arriving by road are kindly asked to go directly to the hotel, where representatives from the LOC will welcome them.

3.4 Visa Requirements

The following countries require visas to enter Finland: Belarus and Ukraine.

Visas should be obtained before leaving your country, from the nearest Finnish Embassy or Consulate. Should you have any problems, or require a letter of invitation please contact the LOC.



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4. TRANSPORT

4.1 Transport and Accommodation Desk

Any transport questions will be handled at the LOC Information Desk at the Hotel.

4.2 Bus Shuttle Service

A regular bus shuttle service will be provided between the team hotel, social functions and the competition venue. Full details of the schedule will be displayed at the Information desk at the hotel Alexandra. Transfer times between the hotel and the competition venue will be between 5- 8 minutes depending on the traffic conditions.

4.3 Return to Airport / Train stations

Transport will be arranged according to the flight schedules submitted by the teams. Further information will be available from the hotel Information Desk.

5. ACCOMMODATION & HOTEL INFORMATION

5.1 General Information

The LOC has reserved one good quality hotel for the teams, providing full board accommodation and easy accessibility to both the centre of Jyväskylä and the competition venue.

5.2 Information Desk

An information desk will be located in the lobby of Hotel Alexandra, and it will be open from Thursday 18:00-22:00, Friday 10:00-22:00, Saturday 8:00-10:00, 18:00-20:00, Sunday 8:00-10:00, 19:00-21:00 and Monday 8:00-13:00.

5.3 Official Hotels

Team and VIP/Media Hotel

The LOC has reserved the following good quality hotel for teams, providing full board accommodation:

Hotel Alexandra ***
Address: Hannikaisenkatu 35, 40100 Jyväskylä, Finland
Phone: + 358 20 123 4642
Fax: + 358 20 123 4642
Website: www.sokshotels.fi



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5.4 Costs and European Athletics Quota

According to European Athletics Regulation 710.4 accommodation and full board for the visiting teams will be paid for by European Athletics up to 4 days and for the following persons:

Teams: For a maximum of 4 athletes & 2 officials from each participating men's and women's team

If teams come with more persons than the above quota of 4 athletes, 2 officials and 4 days, The following rates must be paid for "out of quota" team members and for additional days:

160CHF* per person / per day for athletes/officials in a double room

190CHF* per person / per day for athletes/officials in a single room

* Converted into euros according to the rate of change of the day

* CHF = Swiss Franc

LOC will send an invoice to the participating federations concerning "out-of-quota" team members and additional days. An invoice will be sent by e-mail and it will be based on information that LOC have received from participating federations. Payment via bank transfer is possible to pay in Euros or in Swiss Francs. Final checking will be made on site and these payments or returns (if there are any) should be made by cash and EUROS (Credit Card accepted if not possible to pay by cash).

Pre-payments should be made by bank transfer to:

Bank details SWIFT: OKOYFIHH, IBAN: FI 4750890540070359

In case of pre-payment, the Member Federations have to present the respective payment receipt at the time of accreditation.

5.5 Meals

All meals will be served in the Harju School (close to the stadium) and breakfast in the hotel Alexandra:

The restaurant opening times for breakfast are:

Hotel Alexandra

Breakfast (Monday-Friday): 07:00 – 10:00

Saturday: 06:00-09:00

Sunday: 05:30-09:00

Monday: 06:00-10:00

Harju School

Thursday 26.06: Lunch 13:00-15:00 (place tbd)
Dinner 19:00-22:00

Friday 27.06: Lunch 13:00-15:00
Dinner 19:00-22:00



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Saturday 28.06: Lunch/ packed lunch: 12:00 – 15:00 at the stadium
Dinner: 19:00 – 21:30

Sunday 29.06: Lunch/ packet lunch: 12:00 – 15:00 at the stadium
Dinner will be served at the **Banquet** at 21:00 (Tietotalo,
Hannikaisenkatu 17).

Accreditation cards (which will be given to teams upon arrival) will allow access to meals.

For lunch and dinner bottled water, milk, home made brew and juice are available free of charge. All other drinks must be paid.

A late serving provision will be made for those athletes detained at the stadium due to doping controls or protests.

5.5.1 Lunch Packages for Athletes

Lunch Packs will be provided for all athletes and officials. These will be distributed to the athletes and officials between 12:00 – 15:00 at the stadium *on both competition days 28.-29.6.*

5.6 Meeting Rooms for Teams

Arrangements can be made for team meeting rooms through the information desk in the hotel Alexandra. Requests shall be made at reasonable time in advance.

5.7 Medical Services

In case of emergency outside of competition times, please call doctor Harri Selänne phone: +358 50 4285252.

5.8 Telephone Calls

The telephone will be automatically activated to make room-to-room calls. Any athletes or delegation officials requiring the use of the room phone for outgoing calls must make arrangements with the information desk at the hotel. The telephone will be made available upon the presentation of a credit card to cover all charges.

All delegations will receive a telephone contact list of important telephone numbers for the European Cup Combined Events.

6. ACCREDITATION

6.1 General

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation



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is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

6.2 Accreditation Procedure

Accreditation cards will be prepared in advance of the event, based on the information provided by the Member Federation in the final entry system. No changes will be accepted after the final entry deadline.

Accreditation cards will be distributed on the way to Jyväskylä in the bus or at the hotel depending on how you come to Jyväskylä.

6.3 Loss of an Accreditation Card

Any lost or damaged accreditation cards should be reported to the hotel LOC *information desk or TIC*. Duplicate cards can be obtained where proof of identity can be established.

6.4 Access Areas for Teams

All team accreditation cards will allow access to the team seating area, warm up area, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the Call Room and to the infield.

The Head of Delegation from each team is invited to the VIP Hospitality area and will be given a card to access VIP area.

Team Leader has an access to the TIC and he/she or another person can also go to the Doping Control area.

7. TECHNICAL INFORMATION

7.1 Technical Information Centre (TIC)

The main function of the centre is to ensure smooth communication between each Team, the LOC and the European Athletics Technical Delegate and the Competition Administration, regarding technical matters.

The TIC is located under the Grandstand and will be open Saturday and Sunday at 8:00-20:00.

On Friday the 27st of June the LOC Information Desk at the Hotel Alexandra will take care of the tasks of the TIC.

The TIC will be linked to all information points set up for this event and shall be responsible for the following:

- Competition information
- Notification of lists of competitors (start lists)
- Liaison point concerning technical matters between Team Delegate, Technical Delegate, Jury and LOC



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- Settlement of technical enquiries from delegations
- Record forms
- Recovery of confiscated items at the call room
- Applications for 'national records' doping control and photo finish prints
- Urgent notices – collection and delivery of any urgent written notices to the Team Delegations from Technical Delegate, European Athletics and LOC
- Receipt of written appeals to the Jury from the teams
- Publication of results. Results will be displayed on the notice board close to the TIC
- Official invitations
- Entrance tickets ordered by the teams
- All technical information regarding the competition will be distributed to each delegation in a special mailbox given to each team. This information will also be displayed on information boards. Information put into the mailboxes will include daily programme, start lists, results as well as official information from European Athletics and LOC.

Access to the information in the pigeon boxes in the TIC will be controlled by a separate entry card, not by the accreditation card. TIC cards will be given to each team leader.

7.2 Technical Meeting

The Technical Meeting will be held on Friday 27th of June at 19:30 in the Hotel Alexandra.

Each team may be represented by a maximum of two people and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

All questions related to the Technical Meeting must be submitted in writing, preferably in English, to the TIC before 14:00 on Friday 27th June. The Technical Meeting will be conducted in English.

The Technical Meeting will be attended by:

- European Athletics Council Delegate
- European Athletics Technical Delegate
- Jury of Appeal
- Representatives of the Local Organising Committee
- Chief Competition Officials
- TIC Representatives
- Competition Director
- European Athletics Doping Control Delegate
- Competition Data Handling Representative
- European Athletics Staff

7.2.1 Agenda

The preliminary agenda of the Technical Meeting includes:

- Welcome by the President of the Local Organising Committee



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- Welcome by the European Athletics representative
- Presentation of the International Officials
- Presentation of the Competition Officials
- Technical information
- Confirmation of entries
- Call-room procedures and schedule
- Allocation of lanes and order of competition
- Starting heights and bar raising Increments
- Scoring and ties
- Protests
- Competition sites
- Presentation of competition and warm-up area
- Mixed Zone
- Opening and Closing Ceremonies
- Event Presentation
- Doping Control
- Advertising Rules and Regulations
- Answering of questions submitted in writing by the teams
- Distribution of numbers

7.3 Equipment

The throwing implements provided by the LOC (see implement list, Appendix 1) are selected from those appearing on the current IAAF lists of certified implements. Basic implements will be provided for warm up and training at Harju stadium during competition.

Athletes will be permitted to use their own implements, subject to the following conditions:

- * that they are of other types than those in the official list;
- * that each such implement carries a valid IAAF Certificate;
- * that the implement passes the Technical Director's control; and
- * that in the competition the implement is available for all competitors.

Personal implements must be handed over to the implements control centre for control. Implements for shot put must be handed in on Saturday 27th by 10:00 at the latest and for discus and javelin events on Saturday 27th during the competition day. Personal implements are given back to the athletes after the conclusion of the event at the implements control centre.

Poles will be checked by the Technical Director's staff and only poles complying with the rules will be accepted. Poles that have not been checked and approved may not be brought to the competition site.

LOC will transport the poles from the Helsinki-Vantaa airport to the stadium. At the stadium the poles will be kept in a locked room at the implements control centre. The team leaders shall check the poles at the stadium. **The teams are responsible for good marking of the poles to avoid mistakes!** After the competition, the organisers will take the



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poles to the teams hotel and further transportation will be arranged by the organisers as required. See 3.1.2 Transportation of equipment page 7.

7.4 Inspection of Competition Venue

There will be no organised tour as the presentation regarding the competition and warm up areas will be given at the Technical Meeting.

7.5 Competition Area

The ECCE 2008 will take place in the Harju Stadium in Jyväskylä and it was renovated in 2005. *Harju Stadium* and its surroundings are shown in Appendix 3. The stadium has Novotan (Conipur M, Conica) track surface, modern equipment and info-systems. Besides the good competition conditions the Stadium catches the eye with its naturally beautiful location. The Stadium Address is: Ihantolantie 1, at walking distance from the hotel. There are approximately 3000 seats in the stadium.

The stadium has the following competition sites (IAAF Class 2 Certificate):

- 8 lanes
- 2 High Jump sites
- 4 Pole Vault sites
- 4 sites for Long/Triple Jump
- 3 Shot Put Circles
- 2 Combined Discus/Hammer Circles
- 4 Javelin sites

The Warm-up area has the following sites:

- *For warm-up: competition area*

The maximum spike lengths in the various events are:

- Track, Long Jump and Pole Vault: 9mm
- High Jump and Javelin: 12mm

Athletes' seats are located in the Grandstand.

7.6 Dressing / Physiotherapy Rooms

Dressing rooms with showers are located under the *grandstand* and they serve as the athletes' rest area. *In addition, physiotherapy tables are available there.*

Team Rooms



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The following rooms are available: Four changing rooms (two for men and two for women). Men's room I CZE, FIN, GBR, ITA, Men's room II HUN, NOR, SWE, UKR. Women's room I BLR, CZE, EST, FIN, Women's room II HUN, ITA, LTU, SWE.

7.7 Training

Athletes will have the possibility to train in the Harju Stadium.

Opening hours of this facility will be:

Thursday: 7- 21

Friday: 7- 21

The Weight training room is located under the Grandstand in Harju Stadium.

Opening hours: During competition 7- 21.

7.7.1 Training with Official Starters

This will take place in Harju Stadium on Friday (27.6): 10:00-12:00 and 17:00-19:00.

8. COMPETITION REGULATIONS

8.1 Team Composition

Each European Athletics Member may enter 1 (one) men's team and 1 (one) women's team. In the First League each team shall consist of not less than 3 (three) and not more than four (4) male athletes (in Decathlon) and/or female athletes (in Heptathlon).

8.2 Final Entries

Final entries shall be made through the European Athletics online entry system. The online entry system will be accessible on the European Athletics website: **www.european-athletics.org** in the section Member Federation Zone – Competition. Member federations should use the already known ID and password.

Final entries indicating the names of the athletes and their performances in the current year, plus the names of officials must be submitted not later than 5 (five) days before the competition by **midnight on 23rd of June**.

8.3 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition.

Forms for the final declaration and confirmation will be distributed to each delegation during accreditation. The forms must be completed and returned immediately. Final start lists will be ready for collection at the TIC after the Technical Meeting.

8.3.1 Withdrawal

Withdrawal of any confirmation must be indicated to the TIC in writing on the official withdrawal form.



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After the Technical Meeting justified changes due to injury, illness or other uncontrollable matters will be possible until the beginning of the respective event, provided that the Technical Delegate has been previously informed and has accepted the change.

8.4 Competition Numbers

The teams will be assigned the following number bibs:

Men's Decathlon

Team	Competition numbers
Czech Republic	11-14
Finland	21-24
Great Britain	31-34
Italy	41-44
Hungary	51-54
Norway	61-64
Sweden	71-74
Ukraine	81-84

Women's Heptathlon

Team	Competition numbers
Belarus	111-114
Czech Republic	121-124
Estonia	131-134
Finland	141-144
Hungary	151-154
Italy	161-164
Lithuania	171-174
Sweden	181-184

The LOC will provide the teams with competition numbers at the Technical Meeting.

Each competitor receives 4 numbers. Their personal competition number shall be pinned on the front and the back of the competition clothing, on the back of the tracksuit and on the bag. The competition numbers may not be cut, folded or covered in any way.

8.5. Participation Order/Lanes

The athletes' participation order or lane assignment for each event is according to drawing done by the Technical Delegate as follows:

Lane and Starting Order / Height

The result of the drawings (A – H) done by the Technical Delegate Jean-Pierre Schoebel was as follows:

MEN

A Italy

WOMEN

A Finland



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B Finland	B Lithuania
C Sweden	C Czech Republic
D Norway	D Sweden
E Ukraine	E Italy
F Hungary	F Hungary
G Czech Republic	G Estonia
H Great Britain	H Belarus

In the final entry list the athletes shall be placed in such order, that the first ranked of each team is the athlete number 1, and the fourth ranked is number 4.

DECATHLON MEN, Field Events

Note: Number 1 is the best athlete, number 2 the 2nd best athlete etc.

Long Jump

Group 2) B3 C3 D3 E3 F3 G3 H3 A3 D4 E4 F4 G4 H4 A4 B4 C4

Group 1) F1 G1 H1 A1 B1 C1 D1 E1 H2 A2 B2 C2 D2 E2 F2 G2

Shot Put

Group 2) C3 D3 E3 F3 G3 H3 A3 B3 E4 F4 G4 H4 A4 B4 C4 D4

Group 1) G1 H1 A1 B1 C1 D1 E1 F1 A2 B2 C2 D2 E2 F2 G2 H2

High Jump

Group 2) D3 E3 F3 G3 H3 A3 B3 C3 F4 G4 H4 A4 B4 C4 D4 E4

Group 1) H1 A1 B1 C1 D1 E1 F1 G1 B2 C2 D2 E2 F2 G2 H2 A2

Discus

Group 2) G3 H3 A3 B3 C3 D3 E3 F3 A4 B4 C4 D4 E4 F4 G4 H4

Group 1) C1 D1 E1 F1 G1 H1 A1 B1 E2 F2 G2 H2 A2 B2 C2 D2

Pole Vault

Group 2) H3 A3 B3 C3 D3 E3 F3 G3 B4 C4 D4 E4 F4 G4 H4 A4

Group 1) D1 E1 F1 G1 H1 A1 B1 C1 F2 G2 H2 A2 B2 C2 D2 E2

Javelin

Group 1) The javelin will start when there is necessary amount of competitors from Pole Vault groups 1 and 2 (TD and Referee make the decision).

Group 2) The group will be formed with the athletes having finished the pole vault competition.

Group 3) Depending on time needed for pole vault, decision will be made whether javelin will be carried out in 2 or 3 groups.

HEPTATHLON WOMEN, Field Events

Note: number 1 is the best athlete, number 2 the 2nd best athlete etc.

High Jump

Group 2) B3 C3 D3 E3 F3 G3 H3 A3 D4 E4 F4 G4 H4 A4 B4 C4

Group 1) F1 G1 H1 A1 B1 C1 D1 E1 H2 A2 B2 C2 D2 E2 F2 G2



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Shot Put

Group 2) C3 D3 E3 F3 G3 H3 A3 B3 E4 F4 G4 H4 A4 B4 C4 D4

Group 1) G1 H1 A1 B1 C1 D1 E1 F1 A2 B2 C2 D2 E2 F2 G2 H2

Long Jump

Group 2) E3 F3 G3 H3 A3 B3 C3 D3 G4 H4 A4 B4 C4 D4 E4 F4

Group 1) A1 B1 C1 D1 E1 F1 G1 H1 C2 D2 E2 F2 G2 H2 A2 B2

Javelin

Group 2) F3 G3 H3 A3 B3 C3 D3 E3 H4 A4 B4 C4 D4 E4 F4 G4

Group 1) B1 C1 D1 E1 F1 G1 H1 A1 D2 E2 F2 G2 H2 A2 B2 C2

ALLOCATION OF LANES FOR MEN

100m Heat Lane Lane Lane Lane Lane Lane Lane Lane Lane

	1	2	3	4	5	6	7	8
1	A4	B4	C4	D4	E4	F4	G4	H4
2	C3	D3	E3	F3	G3	H3	A3	B3
3	E2	F2	G2	H2	A2	B2	C2	D2
4	G1	H1	A1	B1	C1	D1	E1	F1

110 mH Heat Lane Lane Lane Lane Lane Lane Lane Lane Lane

	1	2	3	4	5	6	7	8
1	F4	G4	H4	A4	B4	C4	D4	E4
2	H3	A3	B3	C3	D3	E3	F3	G3
3	B2	C2	D2	E2	F2	G2	H2	A2
4	D1	E1	F1	G1	H1	A1	B1	C1

400 m Heat Lane Lane Lane Lane Lane Lane Lane Lane Lane

	1	2	3	4	5	6	7	8
1	E4	F4	G4	H4	A4	B4	C4	D4
2	G3	H3	A3	B3	C3	D3	E3	F3
3	A2	B2	C2	D2	E2	F2	G2	H2
4	C1	D1	E1	F1	G1	H1	A1	B1

1500 metres Heat 1 Countries 5, 6, 7, 8 after 9 events

Heat 2 Countries 1, 2, 3, 4 after 9 events

ALLOCATION OF LANES FOR WOMEN

100 mH Heat Lane Lane Lane Lane Lane Lane Lane Lane Lane

	1	2	3	4	5	6	7	8
1	A4	B4	C4	D4	E4	F4	G4	H4
2	C3	D3	E3	F3	G3	H3	A3	B3
3	E2	F2	G2	H2	A2	B2	C2	D2
4	G1	H1	A1	B1	C1	D1	E1	F1



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200 m	Heat	Lane	Lane	Lane	Lane	Lane	Lane	Lane	Lane
		1	2	3	4	5	6	7	8
	1	D4	E4	F4	G4	H4	A4	B4	C4
	2	F3	G3	H3	A3	B3	C3	D3	E3
	3	H2	A2	B2	C2	D2	E2	F2	G2
	4	B1	C1	D1	E1	F1	G1	H1	A1

800 metres Heat 1 Countries 5, 6, 7 and 8 after 6 events
Heat 2 Countries 1, 2, 3 and 4 after 6 events
Two athletes of the same country per lane

JUMPING HEIGHTS

The obligatory reference heights that shall be gone through (in bold):

Men High Jump

3 cm <-> **1.80** cm + 3cm

Men Pole Vault

10 cm <-> **4.00** cm + 10 cm

Women High Jump

3 cm <-> **1.60** + 3 cm

The starting heights which shall be the same for both groups, will be decided at the Technical Meeting on Friday the 27st of June.

8.6 Scoring

The total sum of points obtained by the best 3 (three) athletes from each team will be used to establish the final order of the teams. Any team which has got less than 3 (three) athletes to score individually shall not figure in the final order of the teams.

In case of a tie in the overall total of points, the teams concerned will be placed according to the total of the individual placings achieved by their 3 (three) best athletes in a specific ranking excluding the fourth athlete of each team and athletes scoring individually. If the tie still exists, the team having the athlete with the highest total of points in the individual order shall be placed before the other team(s).

8.7 Competition Clothing

Competitors must wear the Federation's official team clothing. IAAF Rules 8 & 143 will be strictly applied. Please make sure to follow the IAAF Advertising Regulations (version 01/2008). Clothing and items not conforming to these rules and the current IAAF Advertising Regulations will be removed or taped at the call room.

European Athletics has a record of the Team vests of all Member Federations on the European Athletics website. If the uniform displayed on the website differs from the



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current official uniform, a full set of photographs must be provided to European Athletics by Friday 13 of June at the latest (preferably in an electronic version):

- JPEG file, maximum resolution and size 300 dpi / 500KB
- Compressed ZIP file, if possible
- Mail to: competition@european-athletics.org
- Otherwise, the existing records will be used as reference

Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete.

This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

9. COMPETITION PROCEDURE

9.1 Timetable

Please refer to Appendix 2 for the competition timetable

9.2 Personal Implements/Poles

See item 7.3.

9.3 Warm-up Area

The Warm-up will take place in the competition area before the events.

There is a weight lifting room under the Grandstand and it may be used all the day.

Massage facilities, changing rooms and a rest area are also available.

9.4 Call Room

All athletes must report to the Call Room **30 minutes** before the first event on **both** days. There will be ice for injured athletes in the call room.

Once in the Call Room, athletes will be identified by competition numbers.

The following checks will be carried out on equipment that must comply with IAAF Advertising and Competition Rules:

- Competition clothing
- Shoes
- Bags
- That non-authorized equipment (radio, Walkman, mobile phone, camera etc) are not brought to the infield.

Calling to the second and further events of the day will take place at the rest area.

9.5 Competition preparation

Event Presentation format



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Athletes will be presented on both days before the first event

9.5.1 Field Events

Each athlete in throwing events is allowed a minimum of two practice trials under the supervision of the officials, more if time allows. In jumping events, the rules don't limit the number of practice trials. Athletes may only use the official markers provided by the LOC for marking the runways. These will be handed out by the competition officials at the competition area.

9.5.2 Track Events

Tracksuits shall be placed in baskets at the start. These will be taken to the mixed zone for collection after the race.

9.5.2 Start commands

The starter's commands will be given in English, as follows:

For distances up to and including 400 m :

- "On your marks"
- "Set"
- Fire of the gun

For distances of 800 m and more:

- "On your marks"
- Fire of the gun.

If for any reason the starter feels it is necessary to interrupt the process he/she will say:

- "Stand Up"

There are false start indicators installed on the starting blocks.

9.6 Timing and measurement

The official timing will be provided by Alge Timing and will be displayed on the official electronic timing instrument and photo finish cameras provided by Alge Timing Company.

Distance measurement in Discus and Javelin events will be performed with EDM equipment.

The High Jump, Pole Vault, Long Jump and Shot Put all measurements will be taken manually (measuring bar or steel tape).

9.7 Leaving the Stadium during the Competition

An athlete may only leave the competition area when accompanied by a judge. The intention has to be communicated to the Referee.

9.8 Protests and Appeals

All protests/ appeals will be processed in accordance with IAAF Rule 146.



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In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of EUR 70 (corresponding to US\$ 100 as set in the rules) must be paid. If the appeal is unsuccessful, the deposit will not be returned. The Jury's decision will be provided in writing at the TIC.

9.9 Interviews

Immediately after the competition, the flash interview group will interview the winning athletes. These interviews will be distributed on information sheets to the media. In the mixed zone, all athletes meet the media: first TV, then radio and finally the written press. It is for the athlete to decide whether he/she will give an interview.

The first three athletes in each combined event may be asked to attend an official press conference. These press conferences will take priority over all other interview requirements. They will usually be held before doping control testing.

9.10 Doping Control

9.10.1 General Information

Doping control shall be conducted in accordance with IAAF Rules and Procedures under the supervision of the European Athletics Doping Control Delegate. Urine samples may be collected immediately before, and during, the Cup competitions.

Athletes selected for doping control shall be informed by anti doping officials. Athletes will be required to sign a confirmation of notification. Athletes who are to be tested may invite a team official to accompany them to the Doping Control Centre (DCC).

A selected athlete will be allowed a maximum of one hour to report to the DCC but should report as soon as possible from the time of official notification. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCC. Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Cup competition.

9.10.2 Selection of Athletes

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the



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selection of further athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

All athletes setting World or European records must report to the DCC to provide a sample. Failure to provide a sample will result in the record not being ratified.

9.10.3 Additional Controls

Additional athletes, such as those achieving National Records who have not been selected for doping control, may present themselves for testing. These athletes must report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the Doping Control Station.

The cost of this control will first be paid by European Athletics and will then be deducted from the member federation's subvention after the Cup competition.

10. Medical Services

10.1 General

In addition to the competing athletes, the medical service is in charge of any medical assistance to the team leaders, the competition organization, the information personnel, the honorary guests as well as, during the competition, to the spectators in the stadium.

The participating teams are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from European Athletics competitions and during the event itself (Regulation 710.11).

In case of an emergency please contact the nearest medical aid station, in other cases the given instructions should be followed. Dr Harri Selänne is in charge of the medical service and can be reached on + 358 50 4285252.

10.2 Medical Services in the Hotel

In case of emergency outside of competition times, please call Doctor Harri Selänne, phone: +358 50 4285252.

10.3 Medical Care at the stadium

The stadium medical service is responsible for any problems concerning the athletes' health. There is also a room for medical attention next to the finish line. The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention. There are also physiotherapy facilities available. The stadium medical service is also responsible for first aid in the outside warming up area.

There is one first aid team at the infield, supervised by a doctor and marked with red crosses.



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10.4 Physiotherapy

There are physiotherapy benches at the Stadium. The team physiotherapists and doctors may freely use the facilities.

11. SECURITY

Instructions given by the LOC and/or the security personnel have to be followed in all areas.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to the LOC Information Desk.

12. CEREMONIES

12.1. Victory Ceremonies

The victory ceremonies for the winning teams Men and Women will take place at the competition venue. Athletes must wear the official team clothing for the ceremonies.

12.2. Opening Ceremony

The Opening Ceremony will be short and take place on Saturday 28th June at 9:40 at the Harju Stadium. The athletes are not requested to participate.

12.3. Closing Ceremony

The Closing Ceremony will take place on Sunday 29th June at 19:00 the Harju Stadium.

12.4. Closing Banquet

The Closing Banquet will take place on Sunday 29th at 21:00 in the City centre. Everyone with accreditation or an invitation is wellcome to attend.

13. DEPARTURE

Teams will be asked to provide full travel details on the online entry system. Teams will also receive a departure form, which should be completed and returned to the LOC Information Desk in the hotel, at least 24 hours before the departure, especially if there are any changes to the preliminary confirmed details.

Departure times of the shuttle buses from the hotel will be provided and displayed at the LOC Information Desk.

All outstanding fees, charges and possible other expenses must be settled with the cashier. On the day of departure the LOC Hotel Manager checks the rooms together with the team leaders.

14. CONTACT DETAILS



**European Cup
Combined Events 1st
League
Jyväskylä Finland**



For further details about the European Cup Combined Events First League Jyväskylä, Finland 2008 please contact Mr. Esa Kaihlajärvi, General Secretary.

14.1. LOC Office

For further details about the ECCE 2008, please contact (in the first place, the LOC):

Jyväskylän Kenttärheilijat (JKU):

Kuntoportti 3

40700 Jyväskylä Finland

Phone: + 358 14 218 032

Fax: + 358 14 218 031

Internet: www.jku.fi/eccce2008

Email: toimisto@jku.fi

Contact persons: Mr. Esa Kaihlajärvi or Mr. Miika Takala

Finnish Athletics:

Radiokatu 20

00240 Helsinki Finland

Phone: + 358 9 3481 2062

Fax: + 358 9 3481 2367

Internet: www.sul.fi

Email: kari.wauhkonen@sul.fi

Contact persons: Mr. Kari Wauhkonen, Mr. Kari Saarinen

City of Jyväskylä:

Kuntoportti 3

40700 Jyväskylä Finland

Phone: + 358 14 624 211 (central)

Fax: + 358 624 956

Internet: www.jkl.fi

Email: pekka.sihvonen@jkl.fi and markku.kautto@jkl.fi

Contact persons: Mr. Pekka Sihvonen, Mr. Markku Kautto

15. APPENDICES Appendix 1 List of certified implements

1.1.1 Shot 4kg

COMPANY	PRODUCT DESCRIPTION	COLOUR	CERTIFICATION N°
Polanik	Turned Steel, Dia: 100mm	Red matt	I-99-0150
Polanik	Stainless steel, Dia: 100mm	Silver	I-00-0195
NELCO	Brass, Dia: 95mm	Black	I-99-0135
NELCO	Turned Iron, Dia: 104mm	Black	I-99-0137



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1.1.1 Shot 7,26kg

COMPANY	PRODUCT DESCRIPTION	COLOUR	CERTIFICATION N°
Polanik	Stainless Steel, Dia: 115mm	Silver	I-99-0024
Polanik	Turned Steel, Dia: 120mm	Red matt	I-99-0152
NELCO	Turned Iron, Dia: 120mm	Blue	I-99-0133
NELCO	Turned Steel, Dia: 125 mm	Black	I-99-0134
NELCO	Turned Iron, Dia: 128 mm	Yellow	I-99-0093

1.1.2 Discus 2 kg

COMPANY	PRODUCT DESCRIPTION	COLOUR	CERTIFICATION N°
Crown	Steel rim, High Spin 75%	TBC	I-99-0185
Crown	Steel rim, Super Spin 78%	TBC	I-99-0185
Crown	Steel rim, Super Spin 82%	TBC	I-99-0185
Crown	Steel rim, Super Spin 85 %	TBC	I-99-0185
Nelco	Steel rim, Lo-Spin 75%	Red	I-99-0130
Nelco	Steel rim, Super Spin 85%	Black	I-99-0091
Nelco	Steel rim, Plastic side 91%	White	I-01-0243

1.1.3 Javelin 600gr

COMPANY	PRODUCT DESCRIPTION	COLOUR	CERTIFICATION N°
GILL	OTE Special 55m, Aluminium, red/green cord	Purple	I-99-0073
Crown	Aluminium, Grade	TBC	I-99-0182
Crown	Aluminium, Grade 55m	TBC	I-99-0182
Crown	Aluminium, Grade 65m	TBC	I-99-0182
Crown	Aluminium, Grade 75m	TBC	I-99-0182
Crown	Aluminium, Rainbow	TBC	I-99-0182
Nordic	Viking, Orange	TBC	I-04-0306

1.1.4 Javelin 800gr

COMPANY	PRODUCT DESCRIPTION	COLOUR	CERTIFICATION N°
Crown	Aluminium, Grade	TBC	I-99-0183
Crown	Aluminium, Grade 70 m	TBC	I-99-0183
Crown	Aluminium, Grade 80 m	TBC	I-99-0183
Crown	Aluminium, Grade 90 m	TBC	I-99-0183
Crown	Aluminium, Rainbow	TBC	I-99-0183
Nordic	Super Elit Sandvik	White	I-99-0019

Appendix 2 –Timetable



**European Cup
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League
Jyväskylä Finland**



European Cup Combined Events 2008, JYVÄSKYLÄ FINLAND, FIRST LEAGUE

3.5.2008

TIMETABLE

28 June 2008, First day

9:40 OPENING CEREMONY

DECATHLON

Group 1

Group 2

HEPTATHLON

Group 3

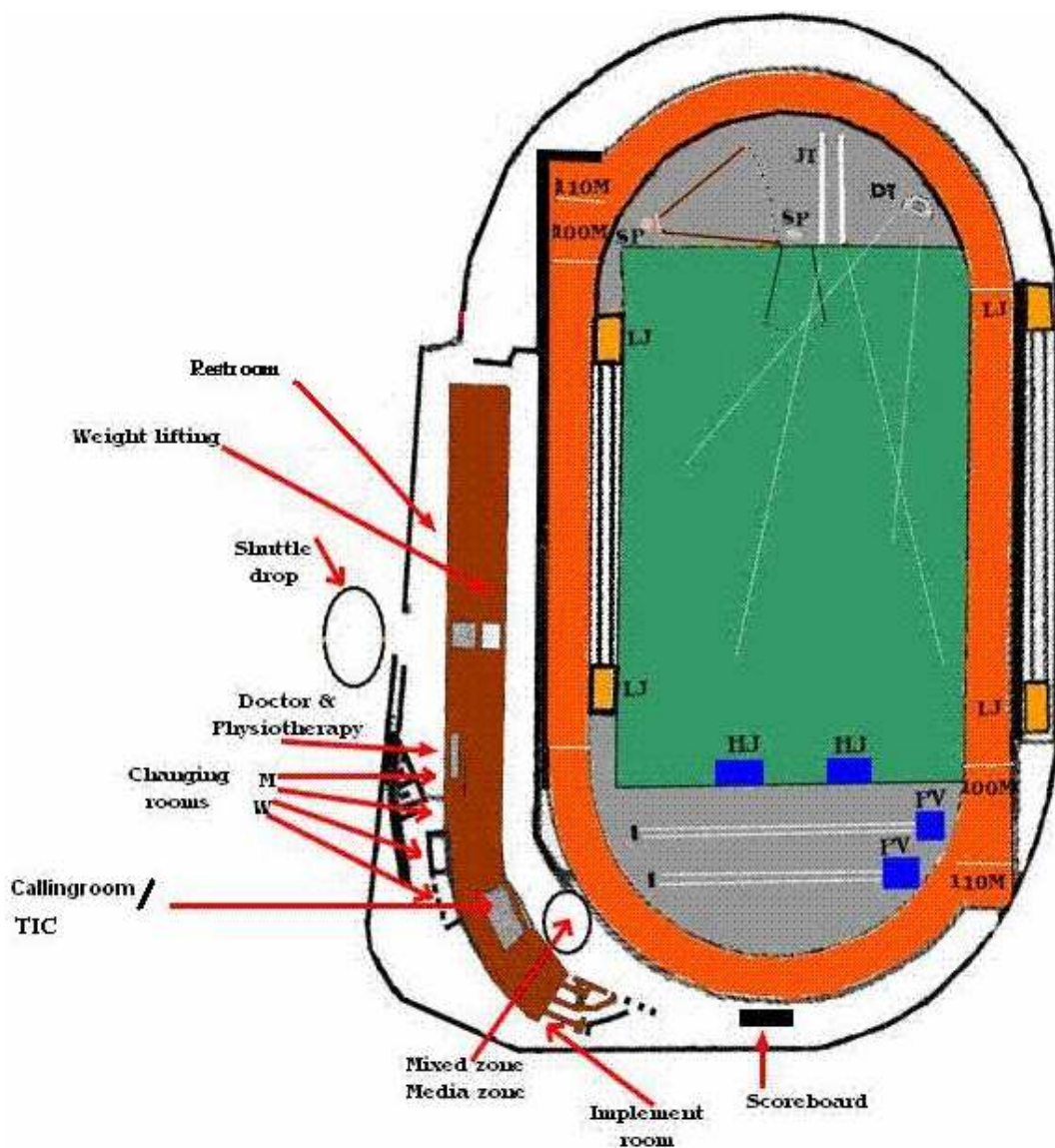
Group 4

10:00	100m, H1			
10:07	100m, H2			
10:14		100m, H3		
10:21		100m, H4		
10:55			100 m Hurdles, H1	
11:00	Long Jump II	Long Jump I		
11:02			100 m Hurdles, H2	
11:09				100 m Hurdles, H3
11:16				100 m Hurdles, H4
12:00			High Jump II	High Jump I
12:45	Shot Put II	Shot Put I		
14:15	High Jump II	High Jump I		
15:00			Shot Put II	Shot Put I
16:45			200 m, H1	
16:52			200 m, H2	
16:59				200 m, H3
17:06				200 m, H4
17:15	400 m, H1			
17:22	400 m, H2			
17:29		400 m, H3		
17:36		400 m, H4		

29 June 2008, Second Day

9:30	110 m Hurdles, H1			
9:37	110 m Hurdles, H2			
10:15	Discus Throw II			
10:30			Long Jump II	Long Jump I
11:00		110 m Hurdles, H3		
11:07		110 m Hurdles, H4		
11:45		Discus Throw I		
11:45				
12:45			Javelin Throw II	
13:15	Pole Vault II	Pole Vault I		
14:15				Javelin Throw I
tbd	Javelin Throw A			
16:30			800 m (2 Heats)	
tbd		Javelin Throw B		
18.30		1500 m (2 Heats)		

Appendix 3 – Competition venues



Appendix 5 – Map of Jyväskylä

